



Awards & Recognitions

Best Place to Eat If On South Beach Diet - Sun Post 2004

The Hippest Place with a Healthy Taste - Wire 2006

Best Healthy Fast Food - Miami New Times 2005

Best Mediterranean Fast Food - Sun Post 2007

Author's Choice - Lonely Planet (Florida) 2006

City's Best - AOL City Guide 2005 & 2006

Best Healthy Fast Food - Sun Post 2005

Best Falafel - Miami New Times 2004

Best Value - Zagat's 2006, 2007, 2008



Healthy Appetizers

spreads and cheeses served with pasha's pita
add an extra pita: \$0.50

-  **hoummus** 3.45
chickpea and tahini spread
-  **baba ghanoush** 3.45
roasted eggplant and tahini spread
-  **labneh** 3.95
natural yogurt cheese spread sprinkled with sesame based spice
-  **muhammara** 4.45
a traditional tangy walnut spread
-  **feta cheese** 3.95
traditional mediterranean white cheese
-  **falafel** 3.45
chickpea vegetable croquettes with tahini sauce
-  **pasha's spread sampler** 9.95
hoummus, labneh, muhammara, baba ghanoush served with three pita breads

Soup & Yani (Stew)





substitute rice for bulgur: \$0.50

-  **lentil soup** 3.95
homemade, slow cooked lentils, carrots, onions, and herbs
-  **lentil yani** 5.95
fresh vegetable and lentil stew with basmati rice
- classic yani** 6.95
pasha's premium beef and bean stew with basmati rice
- chicken yani** 6.95
pasha's spicy ground 100% chicken breast and vegetable stew with basmati rice

Healthy Wraps

wrapped in pasha's home style flatbread with sauce:
tatziki (yogurt) · aioli (garlic mayo) · harissa (warm spicy tomato)
substitution of sauce available upon request

Vegetarian

-  **falafel wrap** 3.95
chickpea vegetable croquettes with tomatoes, tahini sauce
-  **hoummus wrap** 3.95
chickpea spread with tomatoes, bell peppers, and olives
-  **grilled veggie wrap** 4.95
grilled tomatoes, zucchini, mushrooms, onions, bell peppers with extra virgin olive oil and lemon juice
-  **feta cheese wrap** 4.95
feta cheese with tomatoes and cucumbers, and fresh mint drizzled with our extra virgin olive oil

Chicken

- chicken shish wrap** 5.95
charbroiled marinated pieces of 100% chicken breast with grilled vegetables and aioli sauce
- spicy chicken shish wrap** 5.95
charbroiled marinated pieces of 100% chicken breast with grilled tomatoes, onions, and harissa sauce
- chicken adana wrap** 6.95
charbroiled seasoned ground 100% chicken breast with grilled tomatoes, lettuce, and aioli sauce
- spicy chicken adana wrap** 6.95
charbroiled seasoned ground 100% chicken breast with grilled tomatoes, lettuce, and harissa sauce
- spicy chicken paella wrap** 7.95
marinated grilled pieces of 100% chicken breast, with grilled vegetables, spicy harissa sauce and basmati rice

Beef

- beef adana wrap** 5.95
charbroiled lean seasoned ground beef kebab with grilled tomatoes, lettuce, and aioli sauce
- spicy beef adana wrap** 5.95
charbroiled lean seasoned ground beef kebab with grilled tomatoes, lettuce, and harissa sauce
- filet mignon wrap** 7.95
charbroiled marinated pieces of filet mignon with grilled tomatoes, bell peppers, onions, and tatziki sauce

Salmon

- salmon wrap** 7.95
marinated grilled pieces of atlantic salmon with grilled vegetables and aioli sauce
- spicy salmon paella wrap** 7.95
marinated grilled pieces of atlantic salmon with grilled vegetables, spicy harissa sauce, and basmati rice


 vegetarian - contains no meat

Healthy Sides

-  **basmati rice** 1.95
finest quality Himalayan long grain white rice
-  **bulgur pilaf** 2.95
cracked wheat with vegetables
-  **tatziki** 2.45
natural yogurt with cucumbers
-  **grilled vegetable medley** 3.95
grilled tomatoes, zucchini, mushrooms, onions, bell peppers
-  **basmati rice with tatziki** 4.95
natural yogurt with cucumbers with basmati rice
-  **bulgur pilaf with tatziki** 5.45
natural yogurt with cucumbers with bulgur pilaf

Fresh Salads

add any meat: \$4.50 · add feta cheese: \$1.00
add a pita: \$0.50

-  **mediterranean garden salad** 4.45
romaine lettuce, cherry tomatoes, carrots, and bell peppers with our mild citrus dressing
-  **choban** 4.95
tomatoes, cucumbers, bell peppers, onions, herbs, and olives tossed in traditional extra virgin olive oil dressing
-  **tabbouleh (limited availability)** 5.95
cracked wheat, parsley, tomatoes, and bell peppers with our extra virgin olive oil and lemon dressing

Freshly Baked Pide (Pizza)

unique mediterranean pizzas
baked in our stone oven · add a pita: \$0.50

- lahmajin** 4.95
thin village bread topped with seasoned ground beef, finely chopped tomatoes, onions, and bell peppers
-  **pasha's traditional pide** 6.95
pasha's pizza boat with mild cheeses with sesame
-  **pasha's veggie pide** 7.95
pasha's traditional pide topped with tomatoes, bell peppers, onions, and sliced olives
-  **pasha's olive pide** 7.95
pasha's traditional pide topped with tomatoes and sliced olives
-  **pasha's mushroom pide** 8.95
pasha's traditional pide topped with grilled mushrooms

 vegetarian - contains no meat

Grilled Kebab Platters

served with basmati rice, pita bread, and sauces:
tatziki (yogurt) · aioli (garlic mayo) · harissa (warm spicy tomato)
substitution of the following available upon request
sauce: no charge · bulgur: \$0.50 · salad for rice & veggie: \$1.00
extra meat: \$4.50 · extra pita: \$0.50

Vegetarian

- vegetarian kebab 8.95
falafel with grilled tomatoes, zucchini, mushrooms, onions, bell peppers, bulgur pilaf, and tahini sauce

Chicken

- chicken adana kebab 9.95
a traditional mildly spicy ground 100% chicken breast kebab with grilled vegetables, and aioli sauce
- chicken shish kebab 10.95
charbroiled marinated pieces of 100% chicken breast with grilled vegetables and aioli sauce

Beef

- beef adana kebab 9.95
a traditional mildly spicy lean ground beef kebab with grilled vegetables and tatziki sauce
- filet mignon shish kebab 11.95
charbroiled marinated pieces of filet mignon with grilled vegetables and tatziki sauce

Salmon

- salmon shish kebab 11.95
charbroiled marinated pieces of fresh atlantic salmon with grilled vegetables and aioli sauce

House Special

- mixed grill shish kebab 11.95
kebab combination of marinated pieces of filet mignon, and 100% chicken breast with grilled vegetables and tatziki sauce
- mixed grill adana kebab 9.95
a traditional mildly spicy kebab combination of ground 100% chicken breast and lean ground beef with grilled vegetables and aioli sauce

vegetarian - contains no meat

All Natural Desserts

- daily nut bread 2.45
baked fresh daily in our bakery
- milate 3.45
oven baked caramelized milk flan with pistachios
- chocomousse 3.95
pasha's chocolate mousse with fine european chocolate
- granola and yogurt 3.95
natural granola cereal served with your choice of yogurt or milk topped with a healthy portion of freshly strawberries
- nutelino 4.45
thin sheets of pastry with walnuts and homemade syrup
- fresh fruits 4.45
freshly cut seasonal fruits

Fresh-Squeezed Juices

- orange juice 2.50
- tangerine juice (seasonal) 3.25
- melon juice 4.45
- apple juice 4.45
- pineapple juice 4.45
- apple-pineapple juice 4.45
- home-style lemonade 2.00

Water & Fresh Ice Tea

- bottled water - fiji® 1.85
- bottled water - perrier® 1.85
- fresh brewed ice tea 1.85

Coffee & Tea

- fresh brewed coffee 1.50
- hot tea 1.50



Delivery available:

Call Restaurants at:

The Sports Club/LA Aventura Mall 900 Lincoln Road 1414 Brickell Avenue 14871 Biscayne Blvd. 3801 N Miami Avenue Medical Wellness Center Catering@pashas.com	Four Seasons Hotel Aventura Miami Beach Miami Financial District North Miami Beach Miami Design District University of Miami Catering	305-533-1199 305-917-4007 305-673-3919 305-416-5116 786-923-2323 305-573-0201 305-243-7693 305-572-1150
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Lunch & Dinner
Catering & Delivery available



Healthy Mediterranean Cuisine

ALL NATURAL
Freshly Prepared
No Preservatives
No Additives
No Trans fats
No MSG



\$3.95

lentil soup

"Pasha's serves healthy and delicious Mediterranean food, proving once again the two are never mutually exclusive"
Arthur Agatston, M.D. - South Beach Diet Cookbook