

Fresh Salads

add extra meat: \$4.50 • add feta cheese: \$1.00
add a fresh baked pita: \$0.50

mediterranean garden

- 🌿 mediterranean garden salad 4.49
romaine lettuce, cherry tomatoes, carrots, and bell peppers with our mild citrus dressing
 build your own salad, add:
 - chicken adana (2 pieces) 8.49
 - beef adana (2 pieces) 8.49
 - chicken shish (1 skewer) 8.49
 - filet mignon (1 skewer) 8.49
 - salmon shish (1 skewer) 8.49

choban

- 🌿 choban 4.99
tomatoes, cucumbers, bell peppers, onions, herbs, and olives tossed in traditional extra virgin olive oil dressing
 build your own salad, add:
 - chicken adana (2 pieces) 8.99
 - beef adana (2 pieces) 8.99
 - chicken shish (1 skewer) 8.99
 - filet mignon (1 skewer) 8.99
 - salmon shish (1 skewer) 8.99

tabbouleh

- 🌿 tabbouleh 5.99
cracked wheat, parsley, tomatoes, and bell peppers with our extra virgin olive oil and lemon dressing
 build your own salad, add:
 - chicken adana (2 pieces) 9.99
 - beef adana (2 pieces) 9.99
 - chicken shish (1 skewer) 9.99
 - filet mignon (1 skewer) 9.99
 - salmon shish (1 skewer) 9.99

Fresh-Squeezed Juices

- home-style lemonade 2.30
- orange juice 2.80
- tangerine juice (seasonal) 3.30
- melon juice 4.50
- apple juice 4.50
- pineapple juice 4.60
- apple-pineapple juice 4.60

Smoothies

- mango lassi 5.00
- peanut butter cup 5.00
- strawberry banana 5.00
- fruit medley 5.00

🌿 vegetarian - contains no meat

Healthy Sides

- 🌿 basmati rice 1.99
finest quality Himalayan long grain white rice
- 🌿 tatziki 2.99
natural yogurt with cucumbers
- 🌿 bulgur pilaf 2.99
cracked wheat with vegetables
- 🌿 grilled vegetable medley 3.99
grilled tomatoes, zucchini, mushrooms, onions, bell peppers
- 🌿 basmati rice with tatziki 4.99
basmati rice with natural yogurt with cucumbers

From Our Bakery

unique mediterranean pizzas and breads
baked in our stone oven • add a fresh baked pita: \$0.50
add any extra meat on pite: \$4.50

- 🌿 simit 2.99
traditional sesame covered ring shaped bread
- lahmajin 4.99
thin village bread topped with seasoned ground beef, finely chopped tomatoes, onions, and bell peppers
- 🌿 pasha's traditional pide 6.99
pizza boat with mild cheeses and a touch of tomatoes and sesame
- 🌿 pasha's veggie pide 7.99
pide topped with tomatoes, bell peppers, onions, and sliced olives
- 🌿 pasha's olive pide 7.99
pide topped with sliced olives
- 🌿 pasha's mushroom pide 8.99
pide topped with grilled mushrooms
- pasha's adana pide (chicken or beef) 9.99
pide topped with marinated ground chicken or beef adana
- 🌿 spinach borek 8.49
baked squares of phyllo pastry with spinach & cheese filling served with a side of choban salad

Gourmet Desserts

- 🌿 nut bread (carrot or zucchini) 2.50
baked fresh daily in our bakery
- 🌿 chocomousse 4.00
pasha's chocolate mousse made with fine european chocolate
- 🌿 milate 4.00
oven baked caramelized milk flan with pistachios
- 🌿 nutelino 4.50
thin sheets of pastry with walnuts and homemade syrup
- 🌿 fresh fruit 4.50
freshly cut seasonal fruit
- 🌿 macaron (1 piece chocolate or pistachio) 1.60
crispy shelled almond cookie with Mediterranean influences and flavors hugging a layer of chocolate or pistachios

Delivery available: \$2.00

Call Restaurants at:

The Sports Club/LA
Aventura Mall
900 Lincoln Road
1414 Brickell Avenue
3801 N Miami Avenue
Medical Wellness Center
130 Miracle Mile
Airport
Catering@pashas.com

Four Seasons Hotel
Aventura
Miami Beach
Miami Financial District
Miami Design District
University of Miami
Coral Gables
Ft. Lauderdale
Catering

305-533-1199
305-917-4007
305-673-3919
305-416-5116
305-573-0201
305-243-7693
305-764-3040
Terminal 1
305-572-1150

www.pashas.com

MM-DDE

Nov 2009

Lunch
&
Dinner
Catering & Delivery available

Pasha's
Healthy Mediterranean Cuisine

ALL NATURAL
Freshly Prepared
No Preservatives
No Additives
No Trans fats
No MSG



chicken adana platter with garden salad

"Pasha's serves healthy and delicious Mediterranean food, proving once again the two are never mutually exclusive"
Arthur Agatston, M.D. - South Beach Diet Cookbook



Awards & Recognitions

- Best Place to Eat If On South Beach Diet - Sun Post 2004
- The Hippest Place with a Healthy Taste - Wire 2006
- Best Healthy Fast Food - Miami New Times 2005
- Best Mediterranean Fast Food - Sun Post 2007
- Author's Choice - Lonely Planet (Florida) 2006
- City's Best - AOL City Guide 2005 & 2006
- Best Value - Zagat's 2006, 2007, 2008
- Best Healthy Cuisine - Sun Post 2008
- Best Falafel - Miami New Times 2004

Healthy Appetizers

spreads and cheeses served with pasha's pita
add an extra falafel piece \$0.99 • add an extra pita: \$0.50

- hoummus 3.49
chickpea and tahini spread
- baba ghanoush 3.49
roasted eggplant and tahini spread
- labneh 3.99
natural yogurt cheese spread
- muhammara 4.49
a traditional tangy walnut spread
- feta cheese 3.99
traditional mediterranean white cheese
- mediterranean olives 3.99
traditional mediterranean olives
- falafel 3.49
chickpea vegetable croquettes with tahini sauce
- mini chicken adana 5.99
a dozen bite-size baked chicken adana
- mini beef adana 5.99
a dozen bite-size baked beef adana
- pasha's spread sampler 10.99
hoummus, labneh, muhammara, baba ghanoush served with three pita breads

Homemade Soup & Yani (Stew)

substitute rice for bulgur: \$0.50

- chicken soup 3.99
homemade chicken soup with vegetables
- lentil soup 3.99
homemade slow cooked lentils, carrots, onions, and herbs
- lentil yani 4.99
fresh vegetable and lentil stew with basmati rice
- classic yani 6.99
pasha's premium beef and bean stew with basmati rice
- chicken yani 6.99
pasha's seasoned ground 100% chicken breast and vegetable stew with basmati rice

Wraps Made To Order

wrapped in pasha's home style flatbread with sauce:
tatziki (yogurt) • aioli (garlic mayo) • harissa (warm spicy tomato)
substitution of sauce available upon request

Vegetarian

- falafel wrap 3.99
chickpea vegetable croquettes with tomatoes, tahini sauce
- hoummus wrap 3.99
chickpea spread with tomatoes, bell peppers, and olives
- fresh veggie wrap 4.99
diced fresh tomatoes, cucumbers, and mint leaves enhanced with our traditional labneh spread and a drizzle of extra virgin olive oil dressing
- grilled veggie wrap 4.99
grilled tomatoes, zucchini, mushrooms, onions, bell peppers with extra virgin olive oil and lemon juice
- feta cheese wrap 4.99
feta cheese with tomatoes and cucumbers, and fresh mint drizzled with our extra virgin olive oil

Chicken

- chicken shish wrap 5.99
charbroiled chicken breast with with grilled vegetables and aioli
- chicken adana wrap 6.99
grilled seasoned ground chicken breast with tomatoes, lettuce, and aioli sauce
- spicy chicken adana wrap 6.99
grilled seasoned ground chicken breast with tomatoes, lettuce, and harissa sauce
- spicy chicken paella wrap 7.99
marinated grilled pieces of 100% chicken breast, with grilled vegetables, spicy harissa sauce and basmati rice

Beef

- beef adana wrap 5.99
grilled lean seasoned ground beef kebab with tomatoes, lettuce and aioli sauce
- spicy beef adana wrap 5.99
grilled lean seasoned ground beef kebab with tomatoes, lettuce, and harissa sauce
- filet mignon wrap 7.99
charbroiled filet mignon with grilled vegetables and tatziki sauce
- spicy filet mignon wrap 7.99
charbroiled filet mignon with grilled vegetables and harissa sauce

Salmon

- salmon wrap 7.99
marinated grilled pieces of atlantic salmon with grilled vegetables, and aioli sauce
- spicy salmon paella wrap 7.99
marinated grilled pieces of atlantic salmon with grilled vegetables, spicy harissa sauce, and basmati rice

vegetarian - contains no meat

Grilled Kebab Platters

served with basmati rice, pita bread and sauces:
tatziki (yogurt) • aioli (garlic mayo) • harissa (warm spicy tomato)
substitution of the following available upon request
sauce: no charge • bulgur: \$0.50 • salad for rice & veggie: \$1.00
extra meat: \$4.50 • extra fresh baked pita: \$0.50

Vegetarian

- vegetarian kebab 8.99
falafel with grilled tomatoes, zucchini, mushrooms, onions, bell peppers, bulgur pilaf, and tahini sauce

Chicken

- chicken adana kebab (4 pieces) 9.99
grilled seasoned ground chicken breast with grilled vegetables and aioli sauce
- chicken shish kebab (2 Skewers) 10.99
charbroiled chicken breast with grilled vegetables and aioli
- grilled chicken medley 10.99
charbroiled marinated pieces of chicken shish and chicken adana with grilled vegetables and aioli sauce

Beef

- beef adana kebab (4 pieces) 9.99
grilled seasoned lean ground beef kebab with grilled vegetables and aioli sauce
- filet mignon shish kebab (2 Skewers) 12.99
charbroiled marinated pieces of filet mignon served with grilled vegetables and tatziki sauce
- grilled beef medley 11.99
charbroiled marinated pieces of filet mignon and beef adana with grilled vegetables and tatziki sauce

Salmon

- salmon shish kebab (2 Skewers) 12.99
charbroiled marinated pieces of fresh atlantic salmon with grilled vegetables and aioli sauce

Lamb

- lamb chops 15.99
marinated charbroiled lamb chops served with grilled vegetables and tatziki sauce

House Special

- mixed grill adana kebab 9.99
grilled seasoned combination of ground chicken breast adana and lean ground beef adana with grilled vegetables, and aioli sauce
- mixed grill shish kebab (2 Skewers) 11.99
kebab combination of any meat or fish skewers with grilled vegetables and tatziki sauce
- chicken and filet mignon shish 11.99
- chicken and salmon shish 11.99
- filet mignon and salmon shish 12.99
- mediterranean meat lovers 19.99
kebab combination of marinated pieces of filet mignon, chicken shish, chicken adana, beef adana, and lamb chop with grilled vegetables and tatziki sauce

vegetarian - contains no meat